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Welcome to

SDS **IN**STITUTE

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06.06.18



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Special Thanks to:

SDES, Maribeth Ehasz, Sharon Ekern, and Vivian Ortiz

Committee Members

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Conference Agenda

7:30 am - 8:20 am	Check In
8:00 am - 8:20 am	Coffee & Poster Session
8:20 am - 8:30 am	Welcome
8:45 am - 9:30 am	Session 1
9:40 am - 10:25 am	Session 2
10:35 am - 11:20 am	Session 3
11:20 am - 12:00 pm	Lunch, Book Exchange, & Headshots
12:10 pm - 12:55 pm	Session 4
1:05 pm - 1:50 pm	Session 5
2:00 pm - 2:45 pm	Session 6
2:55 pm - 3:30 pm	Closing Ceremony

Connect With Us!

Visit us online at sdes.ucf.edu/institute/
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SDSINSTITUTE is now on **UCF Mobile**

Download the UCF Mobile app at ucfmobile.ucf.edu, select Faculty & Staff App Experience, then look for the Conference logo.

Poster Session

8:00 am - 8:20 am

Note-taking Independence with Technology **ROOM 218**

Presented by Ashley Linder

Providing an Inclusive & Diverse Community Post-Secondary Opportunities

Presented by Andrew Quigley

Integrating Technology into Student Career Readiness

Presented by Veena Garib

When it Comes to Students...Numbers Matter!

Presented by Zonovia Proctor



Conference Awards

EXCELLENCE Award Winner(s) is an example of excellence going above and beyond, and meets a critical need of staff and students.

2017 Winner: Cyndia Muniz

INTEGRITY Award Winner(s) showed ultimate integrity by introducing new ideas, program, theories to support students and staff.

2017 Winner: Michelle Ku and Jeremy Foskitt

CREATIVITY Award Winner(s) utilized creativity in program/event/plan to increase engagement.

2017 Winner: Anna-Bradley Lozier & Stephanie Hartkopf

COMMUNITY Award Winner(s) enhance our UCF campus community by bringing groups together, building collaborations, and strengthening networks.

2017 Winner: Lynell Hodge

SCHOLARSHIP Award Winner(s) showed the use of scholarship in SDS INstitute presentation with outcomes rooted in research and best practices.

2017 Winner: Rosemarie Timothy

BUZZ WORTHY

Which session will you talk about the most with colleagues?

2017 Winner:

*Stephanie Hartkopf,
Anna-Bradley Lozier*

BEST IN PRINT

Which poster session communicated their information the best? (design, execution, etc)

2017 Winner:

Jonathan Carr

GOLDEN KEY

Best overall evaluated session (announced at a later date)

2017 Winner:

*Leigh Baker, Vanessa Stein,
Daniel Garner Quintero*



Session 1

8:45 am - 9:30 am

Please Don't Call on Me!

ROOM 218

Presented by Maureen Hawkins & Mari Milenkovic

Public Speaking.... Yes please!! Want the opportunity to get professional feedback, learn best practices, and the chance to explore in a safe space? Maybe you fear public speaking, looking to receive some tips or want to build skills to increase leadership opportunities. Join us to perfect your elevator speech, learn public speaking tools to polish your communication skills with professional coaching from experts around the UCF community. This will be a relaxed, judgment free, supportive environment where you will be able to try, learn and succeed.

Conversations that Change Lives: Recognizing and Responding to Students in Distress

ROOM 220

Presented by Melissa Comeau

Having conversations with distressed students can be challenging. However, using Kognito an avatar/role-play simulation, it can be easy to gain experience and learn ways to navigate these conversations with students. Kognito is evidenced-based and can be done at your own time and at your own pace. Learn how to look for signs of distress in students and refer them to the appropriate services.

Got DEU's

ROOM 221

Presented by Belinda Hyppolite, Vivian Ortiz, & Tammie Nadeau

Since its beginnings in 2011, the SDES Diversity Training initiative has offered a multitude of options for SDES staff and students to participate in diversity and inclusion education. The goal of the ongoing education and training is to actively engage staff and students in ways to increase inclusive spaces across the Division and University. SDES is now offering DEU's; which are new opportunities to encourage and support continuous diversity and inclusion training. We will continue our commitment to the university and the campus community through intentional educational programming and training. This "Got DEU's" session is designed for new and returning SDES employee who desire to learn more about the SDES Diversity Education Initiative to gain new knowledge or to answer and clear up pending questions.

Career Readiness Week @ UCF

ROOM 223

Presented by Jessica Thomas & Doris Alcivar

With an increased focus on impacting student learning, career services developed an innovative, high impact program focused on professional development and employability outcomes. Career Readiness Week (CRW) offers students five days of resume critiques and employability workshops. This event attracts approximately 1,000 students and over 50 employer representatives each semester. The presenters will discuss how they engage students, faculty, and employers. A discussion on best practices will occur at the conclusion of the session.

Identities and the Workplace

ROOM 224

Presented by Chudney DeFreitas-Thomas & Julian Sturdivant

This session explores how personal identities affects workplace interactions.



*Recommended by SASI
(Support All Staff Involvement)*



*DEU Session
(Diversity Education Unit)*

Session 2

9:40 am - 10:25 am

Talent or Effort: Which is the Best Predictor of Success?

ROOM 218

Presented by Pam Rea

This session is based on information and research from Dr. Angela Duckworth's book, "Grit." Participants will find out how gritty they are and how to become grittier. Participants will relate concepts and attributes of grit to their own skills and how to continue honing those skills to a mastery level. Participants will learn how encouraging these skills in students will assist students to persist toward graduation.

Drum Your Stress Away!

ROOM 220

Presented by Christine Dassow

Experience the power of music to help you lower stress, increase relaxation skills, build intrapersonal support and discover your personal rhythm. In this presentation, you will use drums* to express yourself by engaging in an evidence-based program to increase overall wellness. * No musical experience necessary. Drums will be provided.

Let's Be Clear: A Guide to Managing Disclosures

ROOM 221

Presented by Abigail Malick, Office of Institutional Equity

A comprehensive guide to supporting a Title IX disclosure to foster a respectful community practice.

Oh, That's What That is! A Student Development Guide for Professionals New to Student Affairs and Higher Education

ROOM 223

Presented by Scott Mauro

One of the challenges of stepping on to a college campus from the private sector without any previous higher education background is new student affairs professionals lack the exposure to student development theories and how they inform their progress. During this session, the presenter(s) will describe the challenges facing with personal reflections on their transition into the field. While at the same time analyze different student development theories based on a sampling of students from the presenter(s) first several years in the field. The focus on the presentation will be on the theories and how you as a new practitioner can identify students as they grow and develop.

Compassion Fatigue: Understanding the Costs of Caring and its Impact on Student Affairs Professionals

ROOM 224

Presented by Krystal Muckle

From university and departmental demands, to the changing demographic of students, the demands of student affairs professionals are constantly increasing, causing compassion fatigue to negatively impact the personal and professional lives of professionals. This session will explore compassion fatigue and the cost of caring for student affairs professionals, as well as strategies for self-care and how to mitigate compassion fatigue.

Session 3

10:35 am - 11:20 am

When Free Speech Comes to Campus **ROOM 220**

Presented by David Oglethorpe & Scott Cole 

Can they really say that to our students? Is there anything I can do to stop it? From Harvard's 1766 'bad butter riot' to hateful speech directed towards students by non-university community members, balancing the need for free speech with maintaining a welcoming and inclusive campus environment stands as an immense test for higher education. Join Scott Cole (Vice President and General Counsel) and Dr. David Oglethorpe (Assistant Director, Student Union) for an interactive panel and question and answer session about free speech on UCF's campus.

Shaping the Experience of Student Staff **ROOM 221**

Presented by Tyler Schwaegler

Students are not simply completing work, they are actively participating in experiential learning that has the potential to enrich their time at UCF! This session will cover how to create a tailored experience for student staff through core principles of accountability, staff development and engagement. In addition, this session will allow you to examine how to incorporate organizational and supervisory theory into your unique approach to supervision and the goals of your department.

Maximizing Program Assessment Through a Comprehensive Review Process **ROOM 222**

Presented by Jacob Bonne & Karen Motterella

Learn how to identify assessment goals and utilize Kirkpatrick's Evaluation Model to maximize the success of an initiative.

Scaling Up: The Link Between Excellence and Impact **ROOM 223**

Presented by Mark Gumble & Jennifer Wright

Do Not Fear the Scale! Learn how to use distributed leadership to scale up an educational innovation.

Unlocking Gen Z: Understanding and Engaging with the iGeneration **ROOM 224**

Presented by Ashley Powell & Jennifer Fazal

This workshop provides SDES professionals with an overview on how to support Generation Z students.

[BringOneTakeOne]

Don't forget to visit the **Book Exchange Library** in Key West Ballroom during or after lunch. Exchange Library Hours: 11 am to 5 pm.

Professional Headshots

Opportunity to take a **FREE Professional Headshot** will be in Room 225 during lunch.

Student Affairs 101: Bringing Theory to Practice

ROOM 220

Presented by David Oglethorpe & Jeannie Kiriwas

New to working with students or curious about what is learned in higher education graduate programs? Need a theory refresher? Student Affairs 101: Bringing Theory to Practice will provide a review of some of the most common theories implemented in student affairs and will guide participants through the sometimes overwhelming academic side of this dynamic field. Covering the ACPA/NASPA Competencies, Maslow's Hierarchy of Needs, Mattering and Marginality, Transformational Leadership, and more, this session will provide participants with the tools to bring theory to practice in a less intimidating setting. Grades will not be given.

Text Me, Beep Me, If You Wanna Reach Me!

ROOM 221

Presented by Anna-Bradley Lozier & Ryan Seilhamer

Based on a recent study out of Baylor University, college students are spending approximately 10 hours a day on their cell phones. First Year Experience and UCF Mobile have teamed up to engage students where they are – on their mobile devices. This session will review current mobile trends nationally and at UCF while exploring initiatives for student engagement on a mobile platform. If you want to learn more about mobile technology in higher education and learn how YOU can be involved, this session is for you!

Motivating Students to Achieve their Goals through Positive Psychology

ROOM 222

Presented by Larry Marks

Discover key aspects about the process of developing and working toward goals with students along with how to apply positive psychology concepts such as meaning and purpose, grit, growth mindset, and strengths. Specific strategies for improving student motivation will be reviewed.

Baker Acts, Homelessness, and Crisis...Oh My!

ROOM 223

Presented by Angela Newland & Justine Adams

The number of students in crisis on college campuses is increasing every year. The University of Central Florida has cultivated a multi-disciplinary approach to help best serve the needs of students, including utilizing case management and partnering with care-focused resources. Participants will learn how these issues affect UCF students and the greater community, and ways support can be offered.

Carts Before Horses: Examining the Primacy of Student Learning and Assessment

ROOM 224

Presented by Michael Preston

This session will focus on innovative strategies such as cocurricular mapping for putting our focus back on learning.



Session 5

1:05 pm - 1:50 pm

Why are We Unethical?

ROOM 220

Presented by Rosemarie Timothy & Jennifer Wright

On a daily basis we are challenged to do the right thing, but why is it so challenging to do the right thing? When relationships, work expectations, values, attitudes, and beliefs come to a crossroads it can be difficult to follow through on what we know is right. This session seeks to explore how we form our ethical principles and put them into action. Come explore how to navigate living one's personal values in an ever changing professional environment through hands-on exercises, case studies, and activities.

I Don't Have Time for Lunch

ROOM 221

Presented by Anna-Bradley Lozier & Kaley Kirk

We have heard of office culture and organizational climate, but how does culture impact our work? Many people would agree that office culture can have a big impact on their level of happiness at work but what happens if there isn't time to create a positive office culture? In this session we will explore and define office culture and review the current research and impact culture has on job performance, satisfaction, and retention. If you are looking for research proven strategies to implement within your department to positively influence your office, this session is for you!

The Ins and Outs of Qualtrics

ROOM 222

Presented by Lorinda Antrim

Qualtrics: the sophisticated survey platform for UCF. Come see what you're missing!

TAO Services at CAPS

ROOM 223

Presented by Teresa Michaelson-Chmelir & Christopher Nault

TAO is a short-term, web-based, interactive program that provides students, faculty, and staff with the skills and tools to help address issues related to anxiety, depression, and other concerns. This free on-line program will help teach healthy coping skills. CAPS offers this service as a self-help/guided option or as treatment option.

Take the Wheel: The Importance of Self-Directed Professional Development

ROOM 224

Presented by Shena Parks & Patricia Hartley

This session will empower UCF employees interested in career growth by sharing resources and strategies available through free training's offered at UCF and self-directed professional development. The presenters will share their experience of more than a decade of leveraging learning opportunities while balancing their responsibilities in support staff positions at UCF.



Supporting Diverse Student Populations Through Group Therapy: Challenges and Successes

ROOM 220

Presented by Robert Dwyer, Jocelyn Buhain, Vanessa Stein, Jennifer Crofts, Tamara Walden, & Benetta Wholuba

UCF Counseling and Psychological Services (CAPS) is building new relationships among diverse student populations through its Groups Therapy program. This session will highlight four specific therapy groups: Sister Circle, Transgender and Gender Diverse Support Groups, Black Empowerment Group, and Men's Group. A panel of CAPS' clinicians will identify the challenges our students are facing. In addition, we will discuss how group therapy is providing a safe and supportive environment for these students to explore their mental health concerns and thrive.

Coming Out With A More Inclusive LGBTQ+ College Environment

ROOM 221

Presented by Daniel Fontenette & Matthew Popowich

Today, words mean a lot more than they did years ago when our first higher education systems began to develop. Student populations have grown to become more diverse and start to represent the ever-changing dynamics of society. The growing LGBTQ+ presence on college campuses has caused for the need of resources to help support these students. This presentation uses the Social Cognitive Theory to discuss simple ways a student affairs professional could transform their office into becoming a more inclusive environment for LGBTQ+ students.

Not From the Same Mold: Differences/Similarities of Veterans and Adult Learners

ROOM 223

Presented by Paul Viau & Joshua Johnson

Participants will identify characteristics of the returning student veteran and of returning adult learners.

Everything Event Planning

ROOM 224

Presented by Gwen Dailey & Eric Smith

This session will go over how to plan and organize for event planning. This can be applicable for any event. Whether the event is a small one time event or a yearly tradition, the goal is to understand and apply the same program planning. Participants will be able to create a timeline of deadlines to better streamline their event planning.

Please Join Us for the **Closing Ceremony** after this session in the Key West Ballroom featuring prestigious presenter awards, delicious desserts, and fabulous prizes (including a parking pass).

SDESINSTITUTE

NOTES

Thank you for joining us this year.

If you would like to participate in the 2019 SDES Planning Committee,
please contact **Chantel Carter** at Chantel.Carter@ucf.edu



**Student Development
and Enrollment Services**