

***2022 SDES INstitute: IN the Know!***

***Wednesday, June 29, 2022, 9:00 am – 2:00 pm, Student Union***

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| **Opening Session: 9:00 a.m. to 10:15 a.m. (Key West Ballroom)** |

**Title:** Welcome and Introductions

**Host:** *Joshua “JJ” Johnson*

Assistant Director, Veterans Academic Resource Center**;** 2202 Lead Co-Chair, SDES INstitute

**Title:** Cultural Consciousness as the Foundation of Wellness

**Presenter:** *Dr. Andrea Guzmán*, Vice President, Diversity, Equity, and Inclusion

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| **SDES Faculty and Staff Social: 10:15 a.m. to 10:45 a.m. (Key West Ballroom)**  |

**Title:** Let’s Get Social

**Moderator:** *Amanda Dever*, Assistant Director, Office of Student Involvement

**Description:** This is the perfect opportunity to meet new and familiar faces within the division. Smoothies provided!

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| **Breakout Session 1: 10:50 a.m. to 11:35 a.m.** |

**Room 219: Sanibel Board Room**

**Title:** Understanding our Hispanic Immigrant Knights and How to Support Them

**Presenter:** *Karen Rodriguez*, Social Media Marketing Specialist, Housing and Residence Life

**Description:** This session will educate participants on the difficult realities that some of our Hispanic/Latinx Knights faced in their homeland, as well as sharing HSI resources and general ways to support these members throughout their time at UCF.

**Room 220: Sand Key Meeting Room**

**Title:** SDES Wellbeing Curriculum Advancement Team: Wellbeing Pillars Overview

**Presenter:** *Jim Wilkening*, Executive Director, Recreation and Wellness Center

**Description:** Want to understand how Wellbeing connects to your role in student success? Join Jim for a full overview of the Wellbeing Pillars and how to infuse them in the work that you do.

**Room 221: Garden Key Meeting Room**

**Title:** Fit for the Job: Physical Wellness Opportunities on Campus

**Presenters:** *Kyra Dickie*, Assistant Director, Recreation and Wellness Center; *Michelle Fitzgerald*, Assistant Director, Recreation and Wellness Center

**Description:** Physical wellness is key to living a vibrant and functional life. At UCF, there are several ways to get active on campus. Make it easy on yourself to move more with these tips, tricks, and resources all available to SDES employees.

**Room 222: Pensacola Board Room**

**Title:** SDES Wellbeing Curriculum Advancement Team: Building Resilience

**Presenter:** *Maureen Hawkins*, Director, Wellness & Health Promotion Services

**Description:** Join me for hands on learning opportunities for building personal resilience and how to teach others.

**Room 223: Cedar Key Meeting Room**

**Title:** Striving to Thrive

**Presenters:** *Mark Gumble*, Interim Associate Vice President, Student Services; *Michael Gilmer*, Director, Student Conduct and Academic Integrity; *Laurie Kemper*, Staff Psychologist, Counseling and Psychological Services; *Chudney Defreitas Thomas*, Administrative Assistant, Housing and Residence Life

**Description:** Features four (4) SDES colleagues who have found personal value in the SDES well-being pillars in their personal lives and at work. Come here their stories of stiving to thrive in pursuit of personal harmony and supporting student success.

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| **Lunch On Your Own: 11:35 a.m. to 12:30 p.m.** |

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| **Breakout Session 2: 12:30p.m. to 1:15 p.m.** |

**Room 219: Sanibel Board Room**

**Title:** Non-Fiction Reading for Personal and Professional Development

**Presenter:** *Jennifer Wright*, Program Manager, Student Conduct and Academic Integrity

**Description:** Since 2020 I have read over 50 non-fiction books related to human behavior, decision-making, motivation, and overcoming obstacles. These books have assisted me both personally and professionally. Learn about my library and join me in reading.

**Room 220: Sand Key Meeting Room**

**Title:** Creating Community Impact: How to successfully purpose, design, and launch a community-based program

**Presenters:** *Mindy Mozena*, Director, Enrollment Services, UCF Downtown; *Dr. Chanda Torres*, Assistant Vice President, Downtown Student Services, UCF Downtown

**Description:** Learn best practices when designing and implementing a community-based program. Explore lessons learned during the creation of the Downtown Scholars Initiative, including data collection, strategic partnerships, and program design & implementation.

**Room 221: Garden Key Meeting Room**

**Title:** SDES Wellbeing and Curriculum Advancement Team: Committee: Cultural Consciousness

**Presenters:** *Jeannie Kiriwas*, Associate Director, Student Union; *Gary Cahan*, Associate Director, Recreation and Wellness Center

**Description:** The Foundation of the SDES well-being model is Culturally Conscious. Culturally Conscious is the ability to acknowledge and incorporate an understanding of the cultural and social context of individuals and the environment. Come to this optional session where we will discuss the impact of being Culturally Conscious in SDES.

**Room 222: Pensacola Board Room**

**Title:** Sustainability: What Do You Know and How Do You Grow Students?

**Presenter:** *Dr. Andrea Trinklen*, Interim Executive Director, Housing and Residence Life

**Description:** Sustainability: Gaining knowledge; Fostering: Nursing partnerships across the university; Empowering students to promote and host events for other students; Engagement interested Faculty: Discussing your organizations intersectionality with sustainability.

**Room 223: Cedar Key Meeting Room**

**Title:** What’s Happening at Career Services?

**Presenter:** *Gian-Karlo Alvarez*, Assistant Director, Career Services

**Description:** Highlight new career readiness resources for students, data on employer engagement, and current initiatives in Career Services which address mandates from Board of Governors

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| **Closing Session: 1:20 p.m. to 2:00 p.m. – Key West Ballroom** |

**Title:** SET, Workday, and State of SDES after July 5

**Presenters:** *Dr. Sharon Ekern*, Associate Vice President, Administration and Student Life; *Dave Pavlonnis*, Assistant Vice President, Budget and Human Resources

**Title:** Closing and Wrap-Up

**Host:** *Joseph Kimber, Jr*.

Coordinator, Office of Student Involvement

2022 Co-Chair, SDES INstitute Committee