



THE JOURNEY AHEAD

2024–2025 CALENDAR

THE DIFFERENCE IS A SUPPORTER

STARTING AN ACADEMIC CAREER

Your student is settling into the rhythm of university life — navigating class schedules, exploring our vibrant campus, and forming new friendships. The initial weeks at UCF are an exciting journey, yet they may also pose some challenges. Adjusting to the distance from family and hometown friends, while establishing

their own daily routines, often means seeking out a fresh support network and trying

new things. Your student may wonder how they will get along with roommates or

how they will like their professors. They will likely interact with others who have

beliefs and values different from their own. They will also learn it's critical they

make good decisions — how much to study, how they will become involved outside

of the classroom, or how many hours a week they will spend at a part-time job. It

may seem that this is a lot to cope with so early in a college career, but research

shows that students make these types of decisions and establish habits that they will

carry throughout their college experience within the first two weeks of classes. The good

news is there is a world of possibilities open to students, with the assistance of many staff and

services, to help them become successful at UCF. **As a supporter of a UCF Knight, your role is**

vital. You can make a difference. The best thing you can do is to continue to show them you

care. Maintain consistent communication, ask questions about their involvement, classes,

and new friends. And be understanding that they are navigating a new and exciting life

chapter. Together, you'll get through this exciting year on the way to ensuring your student

thrives in their time at UCF!



WELCOME, PARENTS AND FAMILIES OF NEW KNIGHTS!

This is an exciting time to start at the University of Central Florida and we are delighted to welcome your new students to our community. Since UCF was founded in 1963, the University has remained committed to our innovative community partnerships, integration of technology and learning, as well as students' success and well-being. UCF is an academic leader in numerous fields, such as optics and lasers, modeling and simulation, engineering and computer science, business, public administration, education, hospitality management, healthcare and video game design.

As the parents, family members, and supportive others of new Knights, you play a key role as you challenge your student to try new things and support them by recommending the various resources UCF has to offer. Over the next year we hope that you utilize this Parent & Family Calendar to note important dates and deadlines, exciting events, and conversation topics for each month to discuss with your student. We know your student's time at UCF is invaluable and we are thankful for the ways you can encourage and motivate them as they navigate their journey from Orientation to Commencement.

The Pegasus Parent Program is here to provide information and resources to all parents and families. We offer a monthly newsletter, known as the Pegasus Parent Post, regular updates through our social media platforms, and we look forward to seeing you all for UCF's Family Weekend on September 6–September 8, 2024.

Throughout your student's time as a Knight, please let us know how we can help. Feel free to reach out to First Year Experience and the Pegasus Parent Program at: ucfparents@ucf.edu or 407-823-5105.

Go Knights! Charge On!



**First Year
Experience**
PEGASUS PARENT PROGRAM

Social Media Platforms:

- Facebook page: UCF First Year Experience
- Instagram: @UCF_FYE

JUNE 2024

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JULY 2024

				INDEPENDENCE Day (UCF Closed)		
	1	2	3	4	5	6
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



A TIME FOR NEW BEGINNINGS

While the start of the new academic year is an exciting time for students, often family members are the ones who suffer from separation anxiety. Here are some recommendations:

Be supportive and encouraging to offset any fears or concerns about new beginnings and your student's first year at UCF.

Learn about the numerous services UCF offers to assist your student in their success — and encourage your student to use them. Stay informed by signing up for our monthly Pegasus Parent Post newsletter at fye.sdes.ucf.edu/parents.

Encourage your student to connect with their academic advisor and to get involved. Establishing these connections will bring you comfort that they have a support network at UCF.

Plan your next visit to campus. Family Weekend is a great time to visit. Register today at fye.sdes.ucf.edu/familyweekend.

Start a new tradition with siblings still living at home. Family movie night? Fried chicken Friday? Weekly FaceTime chat with your UCF Knight?

SUN	MON	TUE	WED	THUR	FRI	SAT
Plan ahead for move-in weekend . Information on how to prepare and specific dates can be found at www.housing.ucf.edu/movein .				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

TIP

**FALL
CLASSES
BEGIN**

Last Day to Drop/Swap
Last Day to Add

Tuition and Fee Payment
Deadline (Includes Housing)

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



GET CONNECTED

September is a time of true adjustment to college life. Students are now responsible for their own time management and must begin to master their course load. This is also a time when students begin to realize the scope and nature of their new freedom and responsibilities.

Encourage your student to use a planner to organize day-to-day activities and develop good time management skills.

Urge your student to meet with their academic advisor, who can direct them to appropriate resources. The Student Academic Resource Center (SARC) can help with study skills and specific classes.

Offer advice on how to handle peer pressure concerning alcohol and other issues that first-year students may encounter. Support can be obtained from UCF's Wellness and Health Promotion Services or Counseling and Psychological Services.

Advise your student to talk with their professors. This not only assists with networking, but will also help them understand course content and faculty expectations.

Reinforce the importance of being proactive at UCF.

**NATIONAL HISPANIC HERITAGE
MONTH (SEPT. 15-OCT. 15)**

SUN	MON	TUE	WED	THUR	FRI	SAT
	LABOR Day (UCF Closed)					
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Family Weekend 2024

Fall F Withdrawal Deadline

Urge your student to get involved. There are more than **670 UCF clubs** and organizations to entertain, challenge and help them connect. KnightConnect is a great place to start!

TIP

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



THRIVE DURING MIDTERMS

October means it's time for midterms. By this time, your student has probably realized that college is not like high school, and stress may start to creep in. You should be on the lookout for:

Self-doubt — Students may start to feel the stress of academic performance. Those who have not done well will begin to have doubts about their abilities and may be confused about why their current study and time management skills are not working.

Homesickness — Students may express homesickness and plan to return home for an upcoming weekend. Enjoy this visit, but have a conversation about what schoolwork needs to be accomplished when they're home, and allow time for this. Additionally, talk to your students about opportunities for engagement during the weekend. events.ucf.edu is a great place to see a full schedule of events.

Stress — Urge your student to attend campus events such as Homecoming, **Spirit Splash**, football games, intramural activities, theatrical performances and other social events. Stepping away from academics for something fun can help them recharge.

LGBTQ HISTORY MONTH

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>UCF offers many resources to assist with adjusting to college life. Encourage your student to check out the Student Academic Resource Center (SARC), the University Writing Center, the Math Lab, and Counseling and Psychological Services (CAPS).</p> <p>TIP</p>		1	2	3	4	5
						Last Day of Fall F Classes
6	7	8	9	10	11	12
	First Day of Fall G Classes				Fall G Add/Drop/Swap Deadline	
13	14	15	16	17	18	19
						Homecoming Football Game vs. Brigham Young
20	21	22	23	24	25	26
27	28	29	30	31		

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



MAKE MAJOR CAREER CHOICES

UCF students are encouraged to think about their Pegasus Path from day one.

Your student is facing choices that will impact their career path, including what classes to take in spring and whether or not to change their major. Thanksgiving break is just around the corner, which is a time to rest and recharge, allowing your student to reconnect with their family and friends.

Advise your student to utilize **Career Services** to assist in career development, discuss majors, find work experience and develop a résumé. **Handshake** connects students to career opportunities that align with their goals. The **Office of Experiential Learning** can also assist with internships and service-learning.

Sit down with your student and explore resources provided by Career Services. Discuss how your student can begin to get connected to their office and take advantage of their services.

Is your student showing more interest in **graduate school**? The **Office of Undergraduate Research** can help expand their academic experience at UCF.

AMERICAN INDIAN HERITAGE
MONTH

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Remind your student to submit all required financial aid documents on time. Late submissions can greatly impede the certification process for aid to be awarded the upcoming academic year. The priority deadline to submit the Free Application for Federal Student Aid (FAFSA) is Feb. 15. Head over to ucf.edu/financial-aid for information regarding the application process, eligibility requirements for receiving aid, types of aid and forms.</p> <p>TIP</p>					<p>Withdrawal Deadline (Session I)</p> <p>1</p>	2
3	<p>Registration on myUCF for Spring 2025 Opens (students will be assigned an enrollment date/time)</p> <p>4</p>	5	6	7	8	9
10	<p>VETERANS Day Observed (UCF Closed)</p> <p>11</p>	12	13	14	15	16
17	18	19	20	21	22	23
24	25	<p>FALL CLASSES END</p> <p>26</p>	<p>Thanksgiving Wednesday Classes not held Offices still open (Student Holiday Only)</p> <p>27</p>	<p>THANKSGIVING (UCF Closed)</p> <p>28</p>		29
						30

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



PREPARING FOR FINALS... AND THE WINTER HOLIDAYS


In December, there are many things competing for your student's time.

Preparation for final exams and papers must be balanced with seasonal parties, religious observances, holiday volunteer service projects and wanting to spend as much time as possible with friends before break.

Check out the Academic Calendar to find out when students are able to see their **final grades** on myUCF. **Celebrate** the victory of a successful fall semester or **heal** the wounds of a tough transition. What goals should your student set for the spring? What should they do differently? What good practices should be continued?

Allow your student to come home and **rest** no matter what the circumstances may be. Your understanding and support may be needed more now than when they left back in August.

Students are looking forward to returning home for an extended period, but recognize they may also be anxious about returning to the structures of parents and curfews. Have an **open conversation** about your expectations.

SUN	MON	TUE	WED	THUR	FRI	SAT
	Final Exam Week					Fall G Classes End
1	2	3	4	5	6	7
						
8	9	10	11	12	13	14
	First Day of Winter Session				Winter Session Add/Drop/Swap Deadline	
15	16	17	18	19	20	21
22	23	24	25	26	27	28
					<p>Start talking to your student about their current living and roommate arrangements to see if any adjustments need to be made the following year.</p> <p>TIP</p>	
29	30	31				

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



LAUNCH THE NEW TERM

Happy New Year! January brings a new semester and a new start. The newness of being in college has worn off and the everyday grind of going to class has settled in. Here are tips for smoothing out the readjustment:

Remind your student of the **goals** you discussed during the winter break. Can your student establish monthly milestones to help ensure they remain on track throughout the semester?

With so many people on campus, students are vulnerable to the common cold and flu. **Student Health Services** provides access to doctors, an on-campus dentist and two pharmacies.

If your student is on **academic probation**, urge them to set an early meeting with their academic advisor.

Encourage students who seem stressed or depressed to utilize the professional counselors at UCF's **Counseling and Psychological Services**.

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Challenge your student to enhance their financial knowledge by visiting the Centsible Knights website at ucf.edu/financial-aid/financial-literacy.</p> <p>TIP</p>			NEW YEARS Day 1	2	Winter Session Classes End 3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	MARTIN LUTHER KING JR. Day (UCF Closed) 20	21	22	23	24	25
26	27	28	29	30	31	

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



REINFORCE SMART ROUTINES

Show your student some love this month with a care package! Fuzzy slippers, a movie theater gift card, UCF gear, homemade treats, Disney tickets, a new computer, a car...OK, maybe that's a bit excessive. Encourage your student to hang in there a few weeks before spring break.

Talk to your student about smart **spring break** decisions, especially in reference to finances and safety. As with many things, this is all part of the college experience — a newfound responsibility for themselves.

Urge your student to begin preparing for **midterm exams**.

How are those **goals** coming? Is a new class giving your student difficulty? Recommend they seek help outside of class through SARC or their professor.

Established by UCF parents and families, the **Parent and Family Fund** supports important opportunities for current students. In recent years, the fund has supported initiatives like Study Union, a program where the Student Union stays open for 24 hours a day during finals week; provided crisis support for student emergencies; assisted the Knights Helping Knights Pantry; aided the Transfer Center in supporting transfer student success; and so much more.

BLACK HISTORY MONTH

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Health and Wellness are important. The Student Health Services (SHS), Counseling and Psychological Services (CAPS), and Wellness and Health Promotion Services (WHPS) offers many services, programs and events.</p> <p>TIP</p>						
2	3	4	5	6	7	8
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16	17	18	19	20	21	22
23	24	25	26	27	28	

We ♥ Our Knights

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



PREPARE FOR YEAR TWO

March includes spring break, midterms, warmer weather and an array of decisions related to year two.

There are financial aid deadlines, summer plans to consider, living arrangements to be made for next year, and summer and fall course registration. Here are some resources:

Discuss summer plans. Many students choose to go home and take courses at their local college or university. Students attending a Florida state college or university can fill out an online transient form through floridashines.org. Out-of-state or private institutions will require a paper transient form that can be picked up from the **UCF Registrar's Office**. Students should meet with their academic advisor to determine the type of courses to take over the summer.

Time to get a job? Your student can search for part-time jobs through **Handshake** with Career Services.

Utilize the resources provided by **Student Neighborhood Relations** to learn about life off campus and things to consider in choosing the right place to live.

WOMEN'S HISTORY MONTH

**NATIONAL DISABILITY
AWARENESS MONTH**

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Students who use the Recreation and Wellness Center, 30–45 times annually have a higher GPA (3.18) compared to students who do not (3.09). Also, there is nearly a 92% retention rate for students who visit the RWC 11–20 times during the year.</p> <p>TIP</p>						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24					
30	31	25	26	27	28	29

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



FINISH STRONG

It's the home stretch! Year one at UCF is almost complete! There are many academic challenges to meet before your student's work is complete. Final papers, projects and exams occur at the end of the month. Registration for the next semester should be completed to secure a course schedule. Communication will be critical this month.

Continue to be supportive and provide encouragement for your student to stay on course as the semester draws to a close.

Advise your student to begin preparation for finals well before finals week begins and not to procrastinate — get papers and projects completed early.

Encourage your student to seek advice from their academic advisor or a career counselor if they haven't chosen a major or are unhappy with their current selection.

Tip: Inquire about courses they have registered for and trust your student and the academic advisor's recommendations. They're professionals!

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>The Knights Major Exploration and Transition Center (KMETC) is a great resource for all undeclared and major exploring undergraduate students. This office is dedicated to helping students explore and select areas of study that suit their academic interests and passions.</p> <p>TIP</p>		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



TURN AN ENDING INTO A NEW BEGINNING

May marks the end of your student's first year at UCF and is a great time for self-reflection.

Did your student accomplish their personal and academic goals? Did they make friends? Did they get involved in activities? Did they properly estimate the costs associated with attending UCF? Talk about these things together.

If your student did well over these past 10 months, they should be **congratulated** for a job well done. Be supportive and **communicate** your expectations of them being home for summer. Be prepared for **changes in your relationship** that may signal their growing maturity and remind yourself that they're trying to make their own way in the world.

Create a **master plan** for year two at UCF. Establish a budget. Discuss new living arrangements. Set academic goals. Reinforce the importance of time management.

Contact Student Development and Enrollment Services at 407.823.4625 or www.sdes.ucf.edu for on-campus resources.

**ASIAN AMERICAN AND PACIFIC
ISLANDER HERITAGE MONTH**

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>For information on the UCF Parent and Family Philanthropy Council (PFPC), visit ucffoundation.org/parent-council. To join the PFPC, fill out the interest form located on the site!</p> <p>TIP</p>				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	MEMORIAL Day (UCF Closed)	26	27	28	29	30
						31

For the full list of important dates and deadlines, please visit calendar.ucf.edu.



STAY CONNECTED

Your student still needs your help as a family member, participant and partner. The cultural, social and just plain do-your-own-laundry demands of going to college can stretch even the most talented student's ability to make smart choices and balance their time wisely. UCF's Division of Student Success and Well-Being provides a deep and progressive range of professional services and staff dedicated full time to ensuring your student's success at UCF. We provide students with the opportunity to learn, lead, live and engage. We know that education has the power to transform lives and students have the opportunity to succeed, changing not only their lives, but the lives of their families and those around them. Through multiple departments and offices, we provide solutions, answers, support, guidance and a wide array of personal assistance.

The Division of Student Success and Well-Beings' Pegasus Parent Program is here to help. Please visit our website at **fye.sdes.ucf.edu/parents**.



NOTES

This image shows a full page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing or drawing. There are no margins, text, or other markings on the page.

**AFTER ATTENDING
ORIENTATION, ALL
FAMILY AND GUESTS
WILL BE ABLE TO...**

Academic: Understand their student's unique pathway and requirements to support graduating on-time (credit hours, internships, transfer process).

Academic: Support their student's transition by empowering them to identify or connect with resources and departments for further assistance and guidance.

Institutional: Identify opportunities to be an engaged supporter.

Social: Understand the impact of their new role in their student's learning journey.

Social: Develop their own community of supporters made up of parents, family members, and university staff.

UNIVERSITY OF CENTRAL FLORIDA
407.823.2000
ucf.edu

ACADEMIC SERVICES FOR STUDENT-ATHLETES (ASSA)
407.823.5895
assa.sdes.ucf.edu

ACCESS AND STUDENT SUCCESS
407.823.6479
diversity.ucf.edu

ACTIVITY AND SERVICE FEE BUSINESS OFFICE (ASF)
407.823.5548
asf.sdes.ucf.edu

BOOKSTORE, UCF
407.823.2665
ucf.bncollege.com

CARD SERVICES, UCF
407.823.2100
ucfcard.ucf.edu

CAREER SERVICES (CS)
407.823.2361
career.ucf.edu

CIVIL DISCOURSE AND ENGAGEMENT (CDE)
407.823.2716
sja.sdes.ucf.edu

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)
407.823.2811
caps.sdes.ucf.edu

CREATIVE SCHOOL FOR CHILDREN (CSC)
407.823.2726
csc.sdes.ucf.edu

CULTURAL CENTER
407.823.0401
sja.sdes.ucf.edu/cultural-center

DINING SERVICES, UCF
407.823.2651
ucf.campusdish.com

FIRST YEAR EXPERIENCE (FYE)
407.823.5105
fye.sdes.ucf.edu

FRATERNITY AND SORORITY LIFE (FSL)
407.823.2072
fsl.sdes.ucf.edu

GINSBURG CENTER FOR INCLUSION AND COMMUNITY ENGAGEMENT
407.823.6479
diversity.ucf.edu

HONOR YOUR KNIGHTHOOD
honor.sdes.ucf.edu

HOUSING AND RESIDENCE LIFE (HRL)
407.823.4663
www.housing.ucf.edu

INCLUSIVE EDUCATION SERVICES (IES)
407.823.6705
ies.sdes.ucf.edu

LEAD SCHOLARS ACADEMY (LSA)
407.823.2223
lsa.sdes.ucf.edu

LGBTQ+ SERVICES
407.823.3082
sja.sdes.ucf.edu/lgbtq

LIBRARIES, UCF
407.823.2562
library.ucf.edu

MATH LAB
407.823.6284
sciences.ucf.edu/math/mathlab

OFFICE FOR LATINO STUDENT SUCCESS
407.823.6479
diversity.ucf.edu

OFFICE OF INSTITUTIONAL EQUITY
407.823.1336
oie.ucf.edu

OFFICE OF MILITARY & VETERAN STUDENT SUCCESS (MVSS)
407.823.2707
varc.sdes.ucf.edu

OFFICE OF STUDENT INVOLVEMENT (OSI)
407.823.6471
osi.ucf.edu

OFFICE OF STUDENT RIGHTS AND RESPONSIBILITIES (OSRR)
407.823.4638
osrr.sdes.ucf.edu

OMBUDS OFFICE
407.823.6440
ombuds.ucf.edu

PARKING AND TRANSPORTATION
407.823.5812
parking.ucf.edu

PEGASUS PARENT PROGRAM
407.823.5105
fye.sdes.ucf.edu/parents

POLICE DEPARTMENT
407.823.5555
police.ucf.edu

RECREATION AND WELLNESS CENTER (RWC)
407.823.2408
rwc.sdes.ucf.edu

REGISTRAR'S OFFICE (RO)
407.823.3100
registrar.ucf.edu

STUDENT ACADEMIC RESOURCE CENTER (SARC)
407.823.5130
academicsuccess.ucf.edu/sarc

STUDENT ACCESSIBILITY SERVICES (SAS)
407.823.2371
sas.sdes.ucf.edu

STUDENT ACCOUNT SERVICES
407.823.2433
studentaccounts.ucf.edu

STUDENT CONDUCT AND ACADEMIC INTEGRITY (SCAI)
407.823.4638
scai.sdes.ucf.edu

STUDENT FINANCIAL ASSISTANCE (SFA)
844.376.9160
ucf.edu/financial-aid

STUDENT GOVERNMENT ASSOCIATION (SGA)
407.823.3291
studentgovernment.ucf.edu

STUDENT HEALTH SERVICES (SHS)
407.823.2701
studenthealth.ucf.edu

STUDENT LEGAL SERVICES (SLS)
407.823.2538
sls.sdes.ucf.edu

STUDENT NEIGHBORHOOD RELATIONS (SNR)
407.882.7233
nrse.sdes.ucf.edu

STUDENT OUTREACH SERVICES (SOS)
407.235.3812
sos.sdes.ucf.edu

STUDENT SUCCESS AND WELL-BEING (SSWB)
407.823.4625
www.sdes.ucf.edu

STUDENT UNION (SU)
407.823.3677
studentunion.ucf.edu

TECHNOLOGY PRODUCT CENTER, UCF
407.823.5603
cstore.ucf.edu

TRIO PROGRAMS
407.823.4165
trio.sdes.ucf.edu

UCF CARES
407.823.5607
cares.sdes.ucf.edu

UNDERGRADUATE ADMISSIONS (UA)
844.376.9160
admissions.ucf.edu

UNIVERSITY TESTING CENTER (UTC)
407.823.5109
academicsuccess.ucf.edu/utc

UNIVERSITY WRITING CENTER
407.823.2197
uwc.ucf.edu

VICTIM SERVICES
407.823.2425
24/7 HOTLINE 407.823.1200
victimservices.ucf.edu

WELLNESS AND HEALTH PROMOTION SERVICES (WHPS)
407.823.5841
whps.sdes.ucf.edu



First Year Experience
Howard Phillips Hall 216
407.823.5105 | fye@ucf.edu | fye.sdes.ucf.edu
Division of Student Success and Well-Being
University of Central Florida
Orlando, Florida